

Dear Parents/Guardians,

I am planning to offer some opportunities for Maxwell Intermediate students to be involved in some groups that could help support them. My plan, depending on responses, is to offer the following groups. The descriptions will give you a general idea about the groups that will be offered. I have also asked the teachers to give me some feedback on students they feel could benefit from some of these groups. If you or your child's teacher expresses an interest in a group, I will be sending home a form to be completed giving permission to participate in the group.

Please contact me with any questions at 326-3121

Scott W. Stroud  
School Social Worker

#### Group Descriptions

**Chill Out**                      Students will learn valuable skills such as anger control, handling classroom, playground, and home conflicts, and how to "fight fair"

**Family Group**                This group will address experiences students face within their families. This could be from divorce, separation, military, foster care, death, loss, moving, financial etc. This group will provide support and give students an opportunity to share feelings with others who are dealing with changes in their families.

**Friendships**                    This group will help students learn to interact with others, take turns, and make friends

**Life & Loss**                    This group will identify feelings associated with the death, or serious illness, of a loved one. This group will help each individual "make peace" with his or her loss

**"I – Scream For Success"**

This group will work with students who are struggling to meet their academic potential. Students will set academic goals and learn to modify behavior that has caused them to struggle.

**"Habit Breakers & Makers"**

This group will work with students who need help breaking bad habits and creating better ones. Group will model the sessions on "7 Habits of Highly Effective Teens" by Sean Covey.

#### **Recommendation**

**Group Name** \_\_\_\_\_

**Student's Name** \_\_\_\_\_