

# Greenfield Junior High Swim Team

# Preseason Training



**You choose how many nights during the six-week program you swim for \$8 per hour session**

**Visit [swimgcat.org](http://swimgcat.org) select Flex Swim tab to register**

**Junior High swimming is open for grades 6-8**

<b>Classes</b>	<b>Times</b>	<b>Fees</b>
<p>November 6— December 21 No classes Nov. 20-24</p>	<p>Monday— Thursday 7:00-8:00</p>	<p>A one-time \$50 registration fee (covers club insurance for one year)</p> <p>\$8 per session</p>

\*Junior High season begins January 8

For more info & questions e-mail [coachdeb@swimgcat.org](mailto:coachdeb@swimgcat.org)